



# APTOS HIGH DANCE TEAM

## 2023-2024 AUDITION INFO

Auditions will be April 26th from 4-6pm and April 28th from 4:30-6:30pm in the Main Gym.

Dancers must attend **both** audition dates in order to be considered for the team. If you are unable to attend one or both dates, you must contact us no later than April 25th so we can try to accommodate an alternative.

### Wednesday, April 26 from 4-6pm

3:45-4 Check In  
4-4:30 Warm Up  
4:30-5 Technique  
5-5:30 Learn Pom Combo  
5:30-6 Learn Hip Hop Combo

### Friday, April 28th from 4:30-6:30pm

4:15-4:30 Check In  
4:30-5 Warm Up  
5-5:30 Clean and Show Pom Combo  
5:30-6 Clean and Show Hip Hop Combo  
6-6:30 Demonstration of other skills and/or tricks

### SKILLS REQUIREMENTS

Triple turn in various positions  
4 turns in second to a triple pirouette  
Right and left battements  
Right and left leaps  
Chaine Barrel/Calypso  
Firebird  
Jump in second  
General awareness of flexibility  
Basic knowledge of pom motions

### DAY OF CHECKLIST

- Completed & signed Audition Form and Waiver & Release Form. This will be posted soon and will include information on what next season will look like including practices, games, competitions, and nationals information.
- Form fitting dance attire and pulled back hair.
- Dance shoes - half soles or jazz shoes and sneakers for hip hop.
- Poms if you have them - we have extras if not!
- Water

### SCORING

We will be using a USA Dance Tryout Scoresheet. Dancers will be scored out of 100 points. They will get a general score out of the categories below and a superior performance, average performance, or needs improvement ratings for the subcategories.

Appearance - 10 Points

Clothing, Grooming/Neatness, Posture, Poise

General Technique - 30 Points

Turns, Leaps/Jumps, Kicks, Body Control, Flexibility, Legwork/Footwork

Execution - 30 Points

Upper Body Precision, Lower Body Precision, Energy, Dynamics, Timing/Rhythm, Transitions

Showmanship - 30 Points

Facial Expressions, Projection, Musicality, Recoveries, Eye Contact/Focus, Confidence/Naturalness

### ADDITIONAL INFO

We do not have any pre-tryout clinics arranged at this time, but if you are interested please let us know. This is a closed audition that we will be filming.

For more information please email us at [theaptoshighdanceteam@gmail.com](mailto:theaptoshighdanceteam@gmail.com).